

# Grand Opening

**9ROUND**  
30 MIN KICKBOX FITNESS

20825 SR 410  
Bonney Lake, WA  
by Regal Cinemas

6 p.m. Tuesday, Oct. 17th



## OUR FITNESS PHILOSOPHY

9Round is the ultimate 30 minute, total body, kickboxing circuit! We don't waste a minute of your time. It's the end of boring cardio and the first workout is ALWAYS free! 9Round is dedicated to providing a unique, fun, and proven workout that guarantees results!

- ➔ **30 MINUTE CIRCUIT**  
Fast, full body workout
- ➔ **NO SET CLASS TIMES**  
Workouts start every 3 minutes
- ➔ **HARD WORK PAYS OFF**  
Burn up to 500 calories each time
- ➔ **TOTAL BODY WORKOUT**  
Work every muscle, every time for a full body burn
- ➔ **FUN AND ENGAGING**  
Workout changes daily so you'll never get bored
- ➔ **TRAINER INCLUDED**  
Personal attention at no extra charge

Come join us for the ribbon cutting ceremony hosted by the **Chamber Collective**, representing Bonney Lake, Buckley, Sumner, Tehelah, Orting, Lakeland Hills, Lake Tapps, & Enumclaw.

Refreshments will be provided, and join us for your a workout.



## FREE WEEK PASS

Name: \_\_\_\_\_

Valid Through: \_\_\_\_\_

Authorized by: \_\_\_\_\_

20825 SR 410  
Bonney Lake, WA 98391  
**253-501-6983**

9round.com/BonneyLakeWA

No Purchase Necessary. Not valid with other offers. Must be local resident with valid ID. Must be 7 consecutive days. Limit one per person. New members only.

